

| MAANDAG | | | | | | | | | | | |
|---------------|-----------|-----------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| | 1,25m/var | 1,25m/var | | | | 3m | 3m | 3m | 3m | 3m | |
| | Baan 10 | Baan 9 | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr. |
| 07u00 - 07u15 | | | | | | | | | | | |
| 07u15 - 07u30 | | | | | | | | | | | |
| 07u30 - 07u45 | | | | | | | | | | | |
| 07u45 - 08u00 | | | | | | | | | | | |
| 08u00 - 08u15 | | | | | | | | | | | |
| 08u15 - 08u30 | | | | | | | | | | | |
| 08u30 - 09u00 | | | | | | | | | | | |
| 09u00 - 09u15 | | | | | | | | | | | |
| 09u15 - 09u30 | | | | | | | | | | | |
| 09u30 - 09u45 | | | | | | | | | | | |
| 09u45 - 10u00 | | | | | | | | | | | |
| 10u00 - 10u15 | | | | | | | | | | | |
| 10u15 - 10u30 | | | | | | | | | | | |
| 10u30 - 10u45 | | | | | | | | | | | |
| 10u45 - 11u00 | | | | | | | | | | | |
| 11u00 - 11u15 | | | | | | | | | | | |
| 11u15 - 11u30 | | | | | | | | | | | |
| 11u30 - 11u45 | | | | | | | | | | | |
| 11u45 - 12u00 | | | | | | | | | | | |
| 12u00 - 12u15 | | | | | | | | | | | |
| 12u15 - 12u30 | | | | | | | | | | | |
| 12u30 - 12u45 | | | | | | | | | | | |
| 12u45 - 13u00 | | | | | | | | | | | |
| 13u00 - 13u15 | | | | | | | | | | | |
| 13u15 - 13u30 | | | | | | | | | | | |
| 13u30 - 13u45 | | | | | | | | | | | |
| 13u45 - 14u00 | | | | | | | | | | | |
| 14u00 - 14u15 | | | | | | | | | | | |
| 14u15 - 14u30 | | | | | | | | | | | |
| 14u30 - 15u45 | | | | | | | | | | | |
| 14u45 - 15u00 | | | | | | | | | | | |
| 15u00 - 15u15 | | | | | | | | | | | |
| 15u15 - 15u30 | | | | | | | | | | | |
| 15u30 - 15u45 | | | | | | | | | | | |
| 15u45 - 16u00 | | | | | | | | | | | |
| 16u00 - 16u15 | | | | | | | | | | | |
| 16u15 - 16u30 | | | | | | | | | | | |
| 16u30 - 16u45 | | | | | | | | | | | |
| 16u45 - 17u00 | | | | | | | | | | | |
| 17u00 - 17u15 | | | | | | | | | | | |
| 17u15 - 17u30 | | | | | | | | | | | |
| 17u30 - 17u45 | | | | | | | | | | | |
| 17u45 - 18u00 | | | | | | | | | | | |
| 18u00 - 18u15 | | | | | | | | | | | |
| 18u15 - 18u30 | | | | | | | | | | | |
| 18u30 - 18u45 | | | | | | | | | | | |
| 18u45 - 19u00 | | | | | | | | | | | |
| 19u00 - 19u15 | | | | | | | | | | | |
| 19u15 - 19u30 | | | | | | | | | | | |
| 19u30 - 19u45 | | | | | | | | | | | |
| 19u45 - 20u00 | | | | | | | | | | | |
| 20u00 - 20u15 | | | | | | | | | | | |
| 20u15 - 20u30 | | | | | | | | | | | |
| 20u30 - 20u45 | | | | | | | | | | | |
| 20u45 - 21u00 | | | | | | | | | | | |
| 21u00 - 21u15 | | | | | | | | | | | |
| 21u15 - 21u30 | | | | | | | | | | | |
| 21u30 - 21u45 | | | | | | | | | | | |
| 21u45 - 22u00 | | | | | | | | | | | |

Club

School

School

School

School

School

School

School

School

School

School

School

Vita Zwemschool

Vita zwemschool

TSZ

TSZ

TSZ

AQUAGYM

AQUAGYM

TSZ

Temse duikers

| Dinsdag | | | | | | | | | | | |
|---------------|---|-----------|--------|--------|--------|--------|--------|--------|--------|--------|---------|
| | 1,25m/var | 1,25m/var | | | | 3m | 3m | 3m | 3m | 3m | |
| | Baan 10 | Baan 9 | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr. |
| 07u00 - 07u15 | Vroegzwemmen: voor abonnementen / 20-beurtenkaarten | | | | | | | | | | |
| 07u15 - 07u30 | | | | | | | | | | | |
| 07u30 - 07u45 | | | | | | | | | | | |
| 07u45 - 08u00 | | | | | | | | | | | |
| 08u00 - 08u15 | | | | | | | | | | | |
| 08u15 - 08u30 | | | | | | | | | | | |
| 08u30 - 09u00 | | | | | | | | | | | |
| 09u00 - 09u15 | School | | | | | | | | | | |
| 09u15 - 09u30 | | | | | | | | | | | |
| 09u30 - 09u45 | | | | | | | | | | | |
| 09u45 - 10u00 | School | | | | | | | | | | School |
| 10u00 - 10u15 | | | | | | | | | | | |
| 10u15 - 10u30 | | | | | | | | | | | |
| 10u30 - 10u45 | School | | | | | | | | | | AQUAGYM |
| 10u45 - 11u00 | | | | | | | | | | | |
| 11u00 - 11u15 | | | | | | | | | | | School |
| 11u15 - 11u30 | | | | | | | | | | | |
| 11u30 - 11u45 | | | | | | | | | | | |
| 11u45 - 12u00 | | | | | | | | | | | |
| 12u00 - 12u15 | | | | | | | | | | | |
| 12u15 - 12u30 | | | | | | | | | | | |
| 12u30 - 12u45 | | | | | | | | | | | |
| 12u45 - 13u00 | | | | | | | | | | | |
| 13u00 - 13u15 | | | | | | | | | | | |
| 13u15 - 13u30 | | | | | | | | | | | |
| 13u30 - 13u45 | School | | | | | | | | | | School |
| 13u45 - 14u00 | | | | | | | | | | | |
| 14u00 - 14u15 | School | | | | | | | | | | School |
| 14u15 - 14u30 | | | | | | | | | | | |
| 14u30 - 14u45 | | | | | | | | | | | |
| 14u45 - 15u00 | | | | | | | | | | | School |
| 15u00 - 15u15 | Senioren- uurtje | | | | | | | | | | |
| 15u15 - 15u30 | | | | | | | | | | | |
| 15u30 - 15u45 | | | | | | | | | | | |
| 15u45 - 16u00 | | | | | | | | | | | |
| 16u00 - 16u15 | | | | | | | | | | | |
| 16u15 - 16u30 | | | | | | | | | | | |
| 16u30 - 16u45 | | | | | | | | | | | |
| 16u45 - 17u00 | | | | | | | | | | | |
| 17u00 - 17u15 | | | | | | | | | | | |
| 17u15 - 17u30 | | | | | | | | | | | |
| 17u30 - 17u45 | | | | | | | | | | | |
| 17u45 - 18u00 | | | | | | | | | | | |
| 18u00 - 18u15 | | | | | TSZ | | | | | | |
| 18u15 - 18u30 | | | | | | | | | | | |
| 18u30 - 18u45 | | | | | | | | | | | |
| 18u45 - 19u00 | | | | | TSZ | | | | | | |
| 19u00 - 19u15 | LZV | | | | | | | | | | |
| 19u15 - 19u30 | | | | | | | | | | | |
| 19u30 - 19u45 | | | | | | | | | | | |
| 19u45 - 20u00 | | | | | TSZ | | | | | | |
| 20u00 - 20u15 | | | | | | | | | | | |
| 20u15 - 20u30 | | | | | | | | | | | |
| 20u30 - 20u45 | | | | | TSZ | | | | | | |
| 20u45 - 21u00 | | | | | | | | | | | |
| 21u00 - 21u15 | Tria Plus | | | | | | | | Betric | | |
| 21u15 - 21u30 | | | | | | | | | | | |
| 21u30 - 21u45 | | | | | | | | | | | |
| 21u45 - 22u00 | | | | | | | | | | | |

| Woensdag | | | | | | | | | | | | |
|---------------|-----------------|-----------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| | 1,25m/var | 1,25m/var | | | | 3m | 3m | 3m | 3m | 3m | | |
| | Baan 10 | Baan 9 | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr. | |
| 07u00 - 07u15 | | | | | | | | | | | | |
| 07u15 - 07u30 | | | | | | | | | | | | |
| 07u30 - 07u45 | | | | | | | | | | | | |
| 07u45 - 08u00 | | | | | | | | | | | | |
| 08u00 - 08u15 | | | | | | | | | | | | |
| 08u15 - 08u30 | | | | | | | | | | | | |
| 08u30 - 09u00 | | | | | | | | | | | | |
| 09u00 - 09u15 | School | | | | | | | | | | | |
| 09u15 - 09u30 | School | | | | | | | | | | | |
| 09u30 - 09u45 | School | | | | | | | | | | | |
| 09u45 - 10u00 | School | | | | | | | | | | School | |
| 10u00 - 10u15 | School | | | | | | | | | | | School |
| 10u15 - 10u30 | School | | | | | | | | | | | School |
| 10u30 - 10u45 | School | | | | | | | | | | | School |
| 10u45 - 11u00 | School | | | | | | | | | | | School |
| 11u00 - 11u15 | School | | | | | | | | | | | School |
| 11u15 - 11u30 | School | | | | | | | | | | | School |
| 11u30 - 11u45 | | | | | | | | | | | | |
| 11u45 - 12u00 | | | | | | | | | | | | |
| 12u00 - 12u15 | | | | | | | | | | | | |
| 12u15 - 12u30 | | | | | | | | | | | | |
| 12u30 - 12u45 | | | | | | | | | | | | |
| 12u45 - 13u00 | | | | | | | | | | | | |
| 13u00 - 13u15 | | | | | | | | | | | | |
| 13u15 - 13u30 | | | | | | | | | | | | |
| 13u30 - 13u45 | Vita Zwemschool | | | | | | | | | | | |
| 13u45 - 14u00 | | | | | | | | | | | | |
| 14u00 - 14u15 | | | | | | | | | | | | |
| 14u15 - 14u30 | | | | | | | | | | | | |
| 14u30 - 15u45 | | | | | | | | | | | | |
| 14u45 - 15u00 | | | | | | | | | | | | |
| 15u00 - 15u15 | | | | | | | | | | | | |
| 15u15 - 15u30 | | | | | | | | | | | | |
| 15u30 - 15u45 | | | | | | | | | | | | |
| 15u45 - 16u00 | | | | | | | | | | | | |
| 16u00 - 16u15 | | | | | | | | | | | | |
| 16u15 - 16u30 | | | | | | | | | | | | |
| 16u30 - 16u45 | | | | | | | | | | | | |
| 16u45 - 17u00 | | | | | | | | | | | | |
| 17u00 - 17u15 | | | | | | | | | | | | |
| 17u15 - 17u30 | | | | | | | | | | | | |
| 17u30 - 17u45 | | | | | | | | | | | | |
| 17u45 - 18u00 | | | | | | | | | | | | |
| 18u00 - 18u15 | | | | | | | | | | | | |
| 18u15 - 18u30 | | | | | | | | | | | | |
| 18u30 - 18u45 | | | | | | | | | | | | |
| 18u45 - 19u00 | | | | | | | | | | | | |
| 19u00 - 19u15 | | | | | | | | | | | | |
| 19u15 - 19u30 | | | | | | | | | | | | |
| 19u30 - 19u45 | | | | | | | | | | | | |
| 19u45 - 20u00 | | | | | | | | | | | | |
| 20u00 - 20u15 | | | | | | | | | | | | |
| 20u15 - 20u30 | | | | | | | | | | | | |
| 20u30 - 20u45 | | | | | | | | | | | | |
| 20u45 - 21u00 | LZV | LZV | | | | | | | | | | |
| 21u00 - 21u15 | LZV | LZV | | | | | | | | | | |
| 21u15 - 21u30 | | | | | | | | | | | | |
| 21u30 - 21u45 | | | | | | | | | | | | |
| 21u45 - 22u00 | | | | | | | | | | | | |

Club

School

School

School

School

School

School

School

School

School

School

Vita Zwemschool

Vita zwemschool

Vita Zwemschool

TSZ

TSZ

WZK: Waterpolo

LZV

LZV

| Vrijdag | | | | | | | | | | | | | | | | |
|---------------|---|-----------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------------|--|--|--|--------|
| | 1,25m/var | 1,25m/var | | | | 3m | 3m | 3m | 3m | 3m | | | | | | |
| | Baan 10 | Baan 9 | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr. | | | | | |
| 07u00 - 07u15 | Vroegzwemmen voor abonnementen en beurtenkaarten!!! | | | | | | | | | | | | | | | |
| 07u15 - 07u30 | | | | | | | | | | | | | | | | |
| 07u30 - 07u45 | | | | | | | | | | | | | | | | |
| 07u45 - 08u00 | | | | | | | | | | | | | | | | |
| 08u00 - 08u15 | | | | | | | | | | | | | | | | |
| 08u15 - 08u30 | | | | | | | | | | | | | | | | |
| 08u30 - 09u00 | | | | | | | | | | | | | | | | |
| 09u00 - 09u15 | | | | | | | | | | | | | | | | |
| 09u15 - 09u30 | School | | | | | | | | | | | | | | | |
| 09u30 - 09u45 | | | | | | | | | | | | | | | | School |
| 09u45 - 10u00 | | | | | | | | | | | | | | | | |
| 10u00 - 10u15 | | | | | | | | | | | | School | | | | |
| 10u15 - 10u30 | | | | | | | | | | | | | | | | |
| 10u30 - 10u45 | School | | | | | | | | | | | School | | | | |
| 10u45 - 11u00 | | | | | | | | | | | | School | | | | |
| 11u00 - 11u15 | School | | | | | | | | | | | School | | | | |
| 11u15 - 11u30 | | | | | | | | | | | | | | | | |
| 11u30 - 11u45 | | | | | | | | | | | | | | | | |
| 11u45 - 12u00 | | | | | | | | | | | | | | | | |
| 12u00 - 12u15 | | | | | | | | | | | | | | | | |
| 12u15 - 12u30 | | | | | | | | | | | | | | | | |
| 12u30 - 12u45 | | | | | | | | | | | | | | | | |
| 12u45 - 13u00 | | | | | | | | | | | | | | | | |
| 13u00 - 13u15 | | | | | | | | | | | | | | | | |
| 13u15 - 13u30 | School | | | | | | | | | | | School | | | | |
| 13u30 - 13u45 | | | | | | | | | | | | | | | | |
| 13u45 - 14u00 | | | | | | | | | | | | School | | | | |
| 14u00 - 14u15 | | | | | | | | | | | | School | | | | |
| 14u15 - 14u30 | School | | | | | | | | | | | School | | | | |
| 14u30 - 14u45 | | | | | | | | | | | | | | | | |
| 14u45 - 15u00 | | | | | | | | | | | | | | | | |
| 15u00 - 15u15 | | | | | | | | | | | | | | | | |
| 15u15 - 15u30 | | | | | | | | | | | | | | | | |
| 15u30 - 15u45 | | | | | | | | | | | | | | | | |
| 15u45 - 16u00 | | | | | | | | | | | | | | | | |
| 16u00 - 16u15 | | | | | | | | | | | | | | | | |
| 16u15 - 16u30 | | | | | | | | | | | | | | | | |
| 16u30 - 16u45 | | | | | | | | | | | | | | | | |
| 16u45 - 17u00 | | | | | | | | | | | | | | | | |
| 17u00 - 17u15 | | | | | | | | | | | | Aquafit Kids | | | | |
| 17u15 - 17u30 | | | | | | | | | | | | Events | | | | |
| 17u30 - 17u45 | | | | | | | | | | | | | | | | |
| 17u45 - 18u00 | | | | | | | | | | | | | | | | |
| 18u00 - 18u15 | | | | | | | | | | | | | | | | |
| 18u15 - 18u30 | | | | | | | | | | | | | | | | |
| 18u30 - 18u45 | | | | | | | | | | | | | | | | |
| 18u45 - 19u00 | | | | | | | | | | | | | | | | |
| 19u00 - 19u15 | | | | | | | | | | | | | | | | |
| 19u15 - 19u30 | | | | | | | | | | | | | | | | |
| 19u30 - 19u45 | | | | | | | | | | | | | | | | |
| 19u45 - 20u00 | | | | | | | | | | | | | | | | |
| 20u00 - 20u15 | | | | | | | | | | | | | | | | |
| 20u15 - 20u30 | Tri perf. Vzw | LZV | | | | | | | | | | | | | | |
| 20u30 - 20u45 | | | | | | | | | | | | | | | | |
| 20u45 - 21u00 | | | | | | | | | | | | | | | | |
| 21u00 - 21u15 | Temse duikers | | | | | | | | | | | | | | | |
| 21u15 - 21u30 | | | | | | | | | | | | | | | | |
| 21u30 - 21u45 | | | | | | | | | | | | | | | | |
| 21u45 - 22u00 | | | | | | | | | | | | | | | | |

| Zaterdag | | | | | | | | | | | |
|---------------|-----------------|-----------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| | 1,25m/var | 1,25m/var | | | | 3m | 3m | 3m | 3m | 3m | |
| | Baan 10 | Baan 9 | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr. |
| 07u00 - 07u15 | | | | | | | | | | | |
| 07u15 - 07u30 | | | | | | | | | | | |
| 07u30 - 07u45 | | | | | | | | | | | |
| 07u45 - 08u00 | | | | | | | | | | | |
| 08u00 - 08u15 | | | | | | | | | | | |
| 08u15 - 08u30 | | | | | | | | | | | |
| 08u30 - 09u00 | | | | | | | | | | | |
| 09u00 - 09u15 | | | | | | | | | | | |
| 09u15 - 09u30 | Vita Zwemschool | | | | | | | | | | |
| 09u30 - 09u45 | | | | | | | | | | | |
| 09u45 - 10u00 | | | | | | | | | | | |
| 10u00 - 10u15 | | | | | | | | | | | |
| 10u15 - 10u30 | | | | | | | | | | | |
| 10u30 - 10u45 | | | | | | | | | | | |
| 10u45 - 11u00 | | | | | | | | | | | |
| 11u00 - 11u15 | | | | | | | | | | | |
| 11u15 - 11u30 | | | | | | | | | | | |
| 11u30 - 11u45 | | | | | | | | | | | |
| 11u45 - 12u00 | | | | | | | | | | | |
| 12u00 - 12u15 | | | | | | | | | | | |
| 12u15 - 12u30 | | | | | | | | | | | |
| 12u30 - 12u45 | | | | | | | | | | | |
| 12u45 - 13u00 | | | | | | | | | | | |
| 13u00 - 13u15 | | | | | | | | | | | |
| 13u15 - 13u30 | | | | | | | | | | | |
| 13u30 - 13u45 | | | | | | | | | | | |
| 13u45 - 14u00 | | | | | | | | | | | |
| 14u00 - 14u15 | | | | | | | | | | | |
| 14u15 - 14u30 | | | | | | | | | | | |
| 14u30 - 15u45 | | | | | | | | | | | |
| 14u45 - 15u00 | | | | | | | | | | | |
| 15u00 - 15u15 | | | | | | | | | | | |
| 15u15 - 15u30 | | | | | | | | | | | |
| 15u30 - 15u45 | | | | | | | | | | | |
| 15u45 - 16u00 | | | | | | | | | | | |
| 16u00 - 16u15 | | | | | | | | | | | |
| 16u15 - 16u30 | | | | | | | | | | | |
| 16u30 - 16u45 | | | | | | | | | | | |
| 16u45 - 17u00 | | | | | | | | | | | |
| 17u00 - 17u15 | | | | | | | | | | | |
| 17u15 - 17u30 | | | | | | | | | | | |
| 17u30 - 17u45 | | | | | | | | | | | |
| 17u45 - 18u00 | | | | | | | | | | | |
| 18u00 - 18u15 | | | | | | | | | | | |
| 18u15 - 18u30 | | | | | | | | | | | |
| 18u30 - 18u45 | | | | | | | | | | | |
| 18u45 - 19u00 | | | | | | | | | | | |
| 19u00 - 19u15 | | | | | | | | | | | |
| 19u15 - 19u30 | | | | | | | | | | | |
| 19u30 - 19u45 | | | | | | | | | | | |
| 19u45 - 20u00 | | | | | | | | | | | |
| 20u00 - 20u15 | | | | | | | | | | | |
| 20u15 - 20u30 | | | | | | | | | | | |
| 20u30 - 20u45 | | | | | | | | | | | |
| 20u45 - 21u00 | | | | | | | | | | | |
| 21u00 - 21u15 | | | | | | | | | | | |
| 21u15 - 21u30 | | | | | | | | | | | |
| 21u30 - 21u45 | | | | | | | | | | | |
| 21u45 - 22u00 | | | | | | | | | | | |

Vita Zwemschool

Young Divers

TSZ

Vita Zwemschool

Vita Zwemschool

TSZ

TSZ

