

| MAANDAG       |           |           |         |        |        |        |        |        |        |        |        |
|---------------|-----------|-----------|---------|--------|--------|--------|--------|--------|--------|--------|--------|
|               | 1,25m/var | 1,25m/var |         |        |        | 3m     | 3m     | 3m     | 3m     | 3m     |        |
|               | Baan 10   | Baan 9    | Baan 8  | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr. |
| 07u00 - 07u15 |           |           |         |        |        |        |        |        |        |        |        |
| 07u15 - 07u30 |           |           |         |        |        |        |        |        |        |        |        |
| 07u30 - 07u45 |           |           |         |        |        |        |        |        |        |        |        |
| 07u45 - 08u00 |           |           |         |        |        |        |        |        |        |        |        |
| 08u00 - 08u15 |           |           |         |        |        |        |        |        |        |        |        |
| 08u15 - 08u30 |           |           |         |        |        |        |        |        |        |        |        |
| 08u30 - 09u00 |           |           |         |        |        |        |        |        |        |        |        |
| 09u00 - 09u15 |           |           |         |        |        |        |        |        |        |        |        |
| 09u15 - 09u30 |           |           |         |        |        |        |        |        |        |        |        |
| 09u30 - 09u45 | school    |           |         |        | school |        |        |        |        |        | school |
| 09u45 - 10u00 |           |           |         |        |        |        |        |        |        |        |        |
| 10u00 - 10u15 |           |           |         |        |        |        |        |        |        |        |        |
| 10u15 - 10u30 |           |           |         |        |        |        |        |        |        |        |        |
| 10u30 - 10u45 |           |           |         |        |        |        |        |        |        |        |        |
| 10u45 - 11u00 |           |           |         |        |        |        |        |        |        |        |        |
| 11u00 - 11u15 |           |           |         |        |        |        |        |        |        |        |        |
| 11u15 - 11u30 |           |           |         |        |        |        |        |        |        |        |        |
| 11u30 - 11u45 |           |           |         |        |        |        |        |        |        |        |        |
| 11u45 - 12u00 |           |           |         |        |        |        |        |        |        |        |        |
| 12u00 - 12u15 |           |           |         |        |        |        |        |        |        |        |        |
| 12u15 - 12u30 |           |           |         |        |        |        |        |        |        |        |        |
| 12u30 - 12u45 |           |           |         |        |        |        |        |        |        |        |        |
| 12u45 - 13u00 |           |           |         |        |        |        |        |        |        |        |        |
|               | Baan 10   | Baan 9    | Baan 8  | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr. |
| 13u00 - 13u15 |           |           |         |        |        |        |        |        |        |        |        |
| 13u15 - 13u30 |           |           |         |        |        |        |        |        |        |        |        |
| 13u30 - 13u45 | school    |           |         |        |        |        |        |        |        |        | school |
| 13u45 - 14u00 |           |           |         |        |        |        |        |        |        |        |        |
| 14u00 - 14u15 | school    |           |         |        |        |        |        |        |        |        |        |
| 14u15 - 14u30 |           |           |         |        |        |        |        |        |        |        |        |
| 14u30 - 15u45 |           |           |         |        | school |        |        |        |        |        |        |
| 14u45 - 15u00 |           |           |         |        |        |        |        |        |        |        |        |
| 15u00 - 15u15 |           |           |         |        |        |        |        |        |        |        |        |
| 15u15 - 15u30 |           |           |         |        |        |        |        |        |        |        |        |
| 15u30 - 15u45 |           |           |         |        |        |        |        |        |        |        |        |
| 15u45 - 16u00 |           |           |         |        |        |        |        |        |        |        |        |
| 16u00 - 16u15 |           |           |         |        |        |        |        |        |        |        |        |
| 16u15 - 16u30 |           |           |         |        |        |        |        |        |        |        |        |
| 16u30 - 16u45 |           |           |         |        |        |        |        |        |        |        |        |
| 16u45 - 17u00 |           |           |         |        |        |        |        |        |        |        |        |
| 17u00 - 17u15 |           |           |         |        |        |        |        |        |        |        |        |
| 17u15 - 17u30 |           |           |         |        |        |        |        |        |        |        |        |
| 17u30 - 17u45 |           |           |         |        |        |        |        |        |        |        |        |
| 17u45 - 18u00 |           |           |         |        |        |        |        |        |        |        |        |
| 18u00 - 18u15 |           |           |         |        | TSZ    |        |        |        |        | TSZ    |        |
| 18u15 - 18u30 |           |           |         |        | TSZ    |        |        |        |        | TSZ    |        |
| 18u30 - 18u45 |           |           |         |        | TSZ    |        |        |        |        | TSZ    |        |
| 18u45 - 19u00 |           |           |         |        | TSZ    |        |        |        |        | TSZ    |        |
| 19u00 - 19u15 |           |           |         |        | TSZ    |        |        |        |        | TSZ    |        |
| 19u15 - 19u30 |           |           |         |        | TSZ    |        |        |        |        | TSZ    |        |
| 19u30 - 19u45 |           |           |         |        | TSZ    |        |        |        |        | TSZ    |        |
| 19u45 - 20u00 |           |           |         |        | TSZ    |        |        |        |        | TSZ    |        |
| 20u00 - 20u15 |           |           |         |        | TSZ    |        |        |        |        | TSZ    |        |
| 20u15 - 20u30 |           |           |         |        | TSZ    |        |        |        |        | TSZ    |        |
| 20u30 - 20u45 |           |           |         |        | TSZ    |        |        |        |        | TSZ    |        |
| 20u45 - 21u00 |           |           |         |        | TSZ    |        |        |        |        | TSZ    |        |
| 21u00 - 21u15 |           |           | Duikers |        |        |        |        |        |        |        |        |
| 21u15 - 21u30 |           |           | Duikers |        |        |        |        |        |        |        |        |
| 21u30 - 21u45 |           |           | Duikers |        |        |        |        |        |        |        |        |
| 21u45 - 22u00 |           |           | Duikers |        |        |        |        |        |        |        |        |



| WOENSDAG      |                 |           |        |        |        |        |        |        |        |        |                 |
|---------------|-----------------|-----------|--------|--------|--------|--------|--------|--------|--------|--------|-----------------|
|               | 1,25m/var       | 1,25m/var |        |        |        | 3m     | 3m     | 3m     | 3m     | 3m     |                 |
|               | Baan 10         | Baan 9    | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr.          |
| 07u00 - 07u15 |                 |           |        |        |        |        |        |        |        |        |                 |
| 07u15 - 07u30 |                 |           |        |        |        |        |        |        |        |        |                 |
| 07u30 - 07u45 |                 |           |        |        |        |        |        |        |        |        |                 |
| 07u45 - 08u00 |                 |           |        |        |        |        |        |        |        |        |                 |
| 08u00 - 08u15 |                 |           |        |        |        |        |        |        |        |        |                 |
| 08u15 - 08u30 |                 |           |        |        |        |        |        |        |        |        |                 |
| 08u30 - 09u00 |                 |           |        |        |        |        |        |        |        |        |                 |
| 09u00 - 09u15 | school          |           |        |        |        |        |        |        |        |        |                 |
| 09u15 - 09u30 | school          |           |        |        |        |        |        |        |        |        |                 |
| 09u30 - 09u45 | school          |           |        |        |        |        |        |        |        |        | school          |
| 09u45 - 10u00 | school          |           |        |        |        |        |        |        |        |        | school          |
| 10u00 - 10u15 | school          |           |        |        |        |        |        |        |        |        | school          |
| 10u15 - 10u30 | school          |           |        |        |        |        |        |        |        |        | school          |
| 10u30 - 10u45 | school          |           |        |        |        |        |        |        |        |        | school          |
| 10u45 - 11u00 | school          |           |        |        |        |        |        |        |        |        |                 |
| 11u00 - 11u15 | school          |           |        |        |        |        |        |        |        |        |                 |
| 11u15 - 11u30 | school          |           |        |        |        |        |        |        |        |        |                 |
| 11u30 - 11u45 |                 |           |        |        |        |        |        |        |        |        |                 |
| 11u45 - 12u00 |                 |           |        |        |        |        |        |        |        |        |                 |
| 12u00 - 12u15 |                 |           |        |        |        |        |        |        |        |        |                 |
| 12u15 - 12u30 |                 |           |        |        |        |        |        |        |        |        |                 |
| 12u30 - 12u45 |                 |           |        |        |        |        |        |        |        |        |                 |
| 12u45 - 13u00 |                 |           |        |        |        |        |        |        |        |        |                 |
|               | Baan 10         | Baan 9    | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr.          |
| 13u00 - 13u15 |                 |           |        |        |        |        |        |        |        |        |                 |
| 13u15 - 13u30 |                 |           |        |        |        |        |        |        |        |        |                 |
| 13u30 - 13u45 | Vita Zwemschool |           |        |        |        |        |        |        |        |        | Vita Zwemschool |
| 13u45 - 14u00 |                 |           |        |        |        |        |        |        |        |        |                 |
| 14u00 - 14u15 |                 |           |        |        |        |        |        |        |        |        |                 |
| 14u15 - 14u30 |                 |           |        |        |        |        |        |        |        |        |                 |
| 14u30 - 15u45 |                 |           |        |        |        |        |        |        |        |        |                 |
| 14u45 - 15u00 |                 |           |        |        |        |        |        |        |        |        |                 |
| 15u00 - 15u15 |                 |           |        |        |        |        |        |        |        |        |                 |
| 15u15 - 15u30 |                 |           |        |        |        |        |        |        |        |        |                 |
| 15u30 - 15u45 |                 |           |        |        |        |        |        |        |        |        |                 |
| 15u45 - 16u00 |                 |           |        |        |        |        |        |        |        |        |                 |
| 16u00 - 16u15 |                 |           |        |        |        |        |        |        |        |        |                 |
| 16u15 - 16u30 |                 |           |        |        |        |        |        |        |        |        |                 |
| 16u30 - 16u45 |                 |           |        |        |        |        |        |        |        |        |                 |
| 16u45 - 17u00 |                 |           |        |        |        |        |        |        |        |        |                 |
| 17u00 - 17u15 |                 |           |        |        |        |        |        |        |        |        |                 |
| 17u15 - 17u30 |                 |           |        |        |        |        |        |        |        |        |                 |
| 17u30 - 17u45 |                 |           |        |        |        |        |        |        |        |        |                 |
| 17u45 - 18u00 |                 |           |        |        |        |        |        |        |        |        |                 |
| 18u00 - 18u15 |                 |           |        |        |        |        |        |        |        |        |                 |
| 18u15 - 18u30 |                 |           |        |        |        |        |        |        |        |        |                 |
| 18u30 - 18u45 |                 |           |        |        |        |        |        |        |        |        |                 |
| 18u45 - 19u00 |                 |           |        |        |        |        |        |        |        |        |                 |
| 19u00 - 19u15 |                 |           |        |        |        |        |        |        |        |        |                 |
| 19u15 - 19u30 |                 |           |        |        |        |        |        |        |        |        |                 |
| 19u30 - 19u45 |                 |           |        |        |        |        |        |        |        |        |                 |
| 19u45 - 20u00 |                 |           |        |        |        |        |        |        |        |        |                 |
| 20u00 - 20u15 |                 |           |        |        |        |        |        |        |        |        |                 |
| 20u15 - 20u30 |                 |           |        |        |        |        |        |        |        |        |                 |
| 20u30 - 20u45 |                 |           |        |        |        |        |        |        |        |        |                 |
| 20u45 - 21u00 |                 |           |        |        |        |        |        |        |        |        |                 |
| 21u00 - 21u15 |                 |           |        |        |        |        |        |        |        |        |                 |
| 21u15 - 21u30 |                 |           |        |        |        |        |        |        |        |        |                 |
| 21u30 - 21u45 |                 |           |        |        |        |        |        |        |        |        |                 |
| 21u45 - 22u00 |                 |           |        |        |        |        |        |        |        |        |                 |

Kazerne Burcht

school

school

school

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school

school

Vita Zwemschool

Vita Zwemschool

TSZ

TSZ

WZK: Waterpolo

| DONDERDAG     |                    |           |        |        |        |        |        |        |        |        |                 |        |
|---------------|--------------------|-----------|--------|--------|--------|--------|--------|--------|--------|--------|-----------------|--------|
|               | 1,25m/var          | 1,25m/var |        |        |        | 3m     | 3m     | 3m     | 3m     | 3m     |                 |        |
|               | Baan 10            | Baan 9    | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr.          |        |
| 07u00 - 07u15 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 07u15 - 07u30 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 07u30 - 07u45 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 07u45 - 08u00 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 08u00 - 08u15 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 08u15 - 08u30 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 08u30 - 09u00 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 09u00 - 09u15 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 09u15 - 09u30 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 09u30 - 09u45 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 09u45 - 10u00 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 10u00 - 10u15 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 10u15 - 10u30 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 10u30 - 10u45 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 10u45 - 11u00 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 11u00 - 11u15 |                    | school    |        |        |        |        |        |        |        |        |                 | school |
| 11u15 - 11u30 |                    | school    |        |        |        |        |        |        |        |        |                 | school |
| 11u30 - 11u45 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 11u45 - 12u00 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 12u00 - 12u15 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 12u15 - 12u30 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 12u30 - 12u45 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 12u45 - 13u00 |                    |           |        |        |        |        |        |        |        |        |                 |        |
|               | Baan 10            | Baan 9    | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr.          |        |
| 13u00 - 13u15 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 13u15 - 13u30 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 13u30 - 13u45 | school             |           |        |        |        |        |        |        |        |        | school          |        |
| 13u45 - 14u00 | school             |           |        |        |        |        |        |        |        |        | school          |        |
| 14u00 - 14u15 | school             |           |        |        |        |        |        |        | school |        | school          |        |
| 14u15 - 14u30 | school             |           |        |        |        |        |        |        |        |        | school          |        |
| 14u30 - 15u45 |                    | school    |        |        |        |        |        |        |        |        | school          |        |
| 14u45 - 15u00 |                    | school    |        |        |        |        |        |        |        |        | school          |        |
| 15u00 - 15u15 | Vrouwen-<br>uurtje | school    |        |        |        |        |        |        |        |        |                 |        |
| 15u15 - 15u30 |                    | school    |        |        |        |        |        |        |        |        |                 |        |
| 15u30 - 15u45 |                    | school    |        |        |        |        |        |        |        |        |                 |        |
| 15u45 - 16u00 |                    | school    |        |        |        |        |        |        |        |        |                 |        |
| 16u00 - 16u15 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 16u15 - 16u30 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 16u30 - 16u45 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 16u45 - 17u00 |                    |           |        |        |        |        |        |        |        |        |                 |        |
| 17u00 - 17u15 |                    |           |        |        |        |        |        |        |        |        | Vita zwemschool |        |
| 17u15 - 17u30 |                    |           |        |        |        |        |        |        |        |        | Vita zwemschool |        |
| 17u30 - 17u45 |                    |           |        |        |        |        |        |        |        |        | Vita zwemschool |        |
| 17u45 - 18u00 |                    |           |        |        |        |        |        |        |        |        | Vita zwemschool |        |
| 18u00 - 18u15 |                    |           |        |        |        |        | TSZ    |        |        |        |                 |        |
| 18u15 - 18u30 |                    |           |        |        |        |        | TSZ    |        |        |        |                 |        |
| 18u30 - 18u45 |                    |           |        |        |        |        | TSZ    |        |        |        |                 |        |
| 18u45 - 19u00 |                    |           |        |        |        |        | TSZ    |        |        |        |                 |        |
| 19u00 - 19u15 |                    | TSZ       |        |        |        |        |        |        |        |        |                 |        |
| 19u15 - 19u30 |                    | TSZ       |        |        |        |        |        |        |        |        |                 |        |
| 19u30 - 19u45 |                    | TSZ       |        |        |        |        |        |        |        |        |                 |        |
| 19u45 - 20u00 |                    | TSZ       |        |        |        |        |        |        |        |        |                 |        |
| 20u00 - 20u15 |                    |           |        |        | TSZ    |        |        |        |        |        |                 |        |
| 20u15 - 20u30 |                    |           |        |        | TSZ    |        |        |        |        |        |                 |        |
| 20u30 - 20u45 |                    |           |        |        |        | TSZ    |        |        |        |        |                 |        |
| 20u45 - 21u00 |                    |           |        |        |        | TSZ    |        |        |        |        |                 |        |
| 21u00 - 21u15 |                    |           |        |        |        |        | Tria+  |        |        |        |                 |        |
| 21u15 - 21u30 |                    |           |        |        |        |        | Tria+  |        |        |        |                 |        |
| 21u30 - 21u45 |                    |           |        |        |        |        | Tria+  |        |        |        |                 |        |
| 21u45 - 22u00 |                    |           |        |        |        |        | Tria+  |        |        |        |                 |        |



| ZATERDAG      |           |           |        |        |        |        |        |        |        |        |        |
|---------------|-----------|-----------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
|               | 1,25m/var | 1,25m/var |        |        |        | 3m     | 3m     | 3m     | 3m     | 3m     |        |
|               | Baan 10   | Baan 9    | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr. |
| 07u00 - 07u15 |           |           |        |        |        |        |        |        |        |        |        |
| 07u15 - 07u30 |           |           |        |        |        |        |        |        |        |        |        |
| 07u30 - 07u45 |           |           |        |        |        |        |        |        |        |        |        |
| 07u45 - 08u00 |           |           |        |        |        |        |        |        |        |        |        |
| 08u00 - 08u15 |           |           |        |        |        |        |        |        |        |        |        |
| 08u15 - 08u30 |           |           |        |        |        |        |        |        |        |        |        |
| 08u30 - 09u00 |           |           |        |        |        |        |        |        |        |        |        |
| 09u00 - 09u15 |           |           |        |        |        |        |        |        |        |        |        |
| 09u15 - 09u30 |           |           |        |        |        |        |        |        |        |        |        |
| 09u30 - 09u45 |           |           |        |        |        |        |        |        |        |        |        |
| 09u45 - 10u00 |           |           |        |        |        |        |        |        |        |        |        |
| 10u00 - 10u15 |           |           |        |        |        |        |        |        |        |        |        |
| 10u15 - 10u30 |           |           |        |        |        |        |        |        |        |        |        |
| 10u30 - 10u45 |           |           |        |        |        |        |        |        |        |        |        |
| 10u45 - 11u00 |           |           |        |        |        |        |        |        |        |        |        |
| 11u00 - 11u15 |           |           |        |        |        |        |        |        |        |        |        |
| 11u15 - 11u30 |           |           |        |        |        |        |        |        |        |        |        |
| 11u30 - 11u45 |           |           |        |        |        |        |        |        |        |        |        |
| 11u45 - 12u00 |           |           |        |        |        |        |        |        |        |        |        |
| 12u00 - 12u15 |           |           |        |        |        |        |        |        |        |        |        |
| 12u15 - 12u30 |           |           |        |        |        |        |        |        |        |        |        |
| 12u30 - 12u45 |           |           |        |        |        |        |        |        |        |        |        |
| 12u45 - 13u00 |           |           |        |        |        |        |        |        |        |        |        |
|               | Baan 10   | Baan 9    | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr. |
| 13u00 - 13u15 |           |           |        |        |        |        |        |        |        |        |        |
| 13u15 - 13u30 |           |           |        |        |        |        |        |        |        |        |        |
| 13u30 - 13u45 |           |           |        |        |        |        |        |        |        |        |        |
| 13u45 - 14u00 |           |           |        |        |        |        |        |        |        |        |        |
| 14u00 - 14u15 |           |           |        |        |        |        |        |        |        |        |        |
| 14u15 - 14u30 |           |           |        |        |        |        |        |        |        |        |        |
| 14u30 - 15u45 |           |           |        |        |        |        |        |        |        |        |        |
| 14u45 - 15u00 |           |           |        |        |        |        |        |        |        |        |        |
| 15u00 - 15u15 |           |           |        |        |        |        |        |        |        |        |        |
| 15u15 - 15u30 |           |           |        |        |        |        |        |        |        |        |        |
| 15u30 - 15u45 |           |           |        |        |        |        |        |        |        |        |        |
| 15u45 - 16u00 |           |           |        |        |        |        |        |        |        |        |        |
| 16u00 - 16u15 |           |           |        |        |        |        |        |        |        |        |        |
| 16u15 - 16u30 |           |           |        |        |        |        |        |        |        |        |        |
| 16u30 - 16u45 |           |           |        |        |        |        |        |        |        |        |        |
| 16u45 - 17u00 |           |           |        |        |        |        |        |        |        |        |        |
| 17u00 - 17u15 |           |           |        |        |        |        |        |        |        |        |        |
| 17u15 - 17u30 |           |           |        |        |        |        |        |        |        |        |        |
| 17u30 - 17u45 |           |           |        |        |        |        |        |        |        |        |        |
| 17u45 - 18u00 |           |           |        |        |        |        |        |        |        |        |        |
| 18u00 - 18u15 |           |           |        |        |        |        |        |        |        |        |        |
| 18u15 - 18u30 |           |           |        |        |        |        |        |        |        |        |        |
| 18u30 - 18u45 |           |           |        |        |        |        |        |        |        |        |        |
| 18u45 - 19u00 |           |           |        |        |        |        |        |        |        |        |        |
| 19u00 - 19u15 |           |           |        |        |        |        |        |        |        |        |        |
| 19u15 - 19u30 |           |           |        |        |        |        |        |        |        |        |        |
| 19u30 - 19u45 |           |           |        |        |        |        |        |        |        |        |        |
| 19u45 - 20u00 |           |           |        |        |        |        |        |        |        |        |        |
| 20u00 - 20u15 |           |           |        |        |        |        |        |        |        |        |        |
| 20u15 - 20u30 |           |           |        |        |        |        |        |        |        |        |        |
| 20u30 - 20u45 |           |           |        |        |        |        |        |        |        |        |        |
| 20u45 - 21u00 |           |           |        |        |        |        |        |        |        |        |        |
| 21u00 - 21u15 |           |           |        |        |        |        |        |        |        |        |        |
| 21u15 - 21u30 |           |           |        |        |        |        |        |        |        |        |        |
| 21u30 - 21u45 |           |           |        |        |        |        |        |        |        |        |        |
| 21u45 - 22u00 |           |           |        |        |        |        |        |        |        |        |        |

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|---------------|----------------------|-----------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
|               | 1,25m/var            | 1,25m/var |        |        |        | 3m     | 3m     | 3m     | 3m     | 3m     |        |
|               | Baan 10              | Baan 9    | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr. |
| 07u00 - 07u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 07u15 - 07u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 07u30 - 07u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 07u45 - 08u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 08u00 - 08u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 08u15 - 08u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 08u30 - 09u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 09u00 - 09u15 | Vita zwem-<br>school |           |        |        |        |        |        |        |        |        |        |
| 09u15 - 09u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 09u30 - 09u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 09u45 - 10u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 10u00 - 10u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 10u15 - 10u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 10u30 - 10u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 10u45 - 11u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 11u00 - 11u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 11u15 - 11u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 11u30 - 11u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 11u45 - 12u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 12u00 - 12u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 12u15 - 12u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 12u30 - 12u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 12u45 - 13u00 |                      |           |        |        |        |        |        |        |        |        |        |
|               | Baan 10              | Baan 9    | Baan 8 | Baan 7 | Baan 6 | Baan 5 | Baan 4 | Baan 3 | Baan 2 | Baan 1 | Instr. |
| 13u00 - 13u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 13u15 - 13u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 13u30 - 13u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 13u45 - 14u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 14u00 - 14u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 14u15 - 14u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 14u30 - 15u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 14u45 - 15u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 15u00 - 15u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 15u15 - 15u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 15u30 - 15u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 15u45 - 16u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 16u00 - 16u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 16u15 - 16u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 16u30 - 16u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 16u45 - 17u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 17u00 - 17u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 17u15 - 17u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 17u30 - 17u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 17u45 - 18u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 18u00 - 18u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 18u15 - 18u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 18u30 - 18u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 18u45 - 19u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 19u00 - 19u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 19u15 - 19u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 19u30 - 19u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 19u45 - 20u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 20u00 - 20u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 20u15 - 20u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 20u30 - 20u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 20u45 - 21u00 |                      |           |        |        |        |        |        |        |        |        |        |
| 21u00 - 21u15 |                      |           |        |        |        |        |        |        |        |        |        |
| 21u15 - 21u30 |                      |           |        |        |        |        |        |        |        |        |        |
| 21u30 - 21u45 |                      |           |        |        |        |        |        |        |        |        |        |
| 21u45 - 22u00 |                      |           |        |        |        |        |        |        |        |        |        |

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